

Recipe Websites

Sites I return to for healthy recipe inspiration

Looking for healthy recipe inspiration? These are some of my favorite websites. Most offer lower-carb options, and the ingredients are usually in line with the recommendations I teach. **Click any title to explore.** Many of the recipes I share (besides my own) come from these sites, and I'm happy to highlight the people behind them.

All Day I Dream About Food



Cast Iron Keto



multiple authors

The Big Man's World



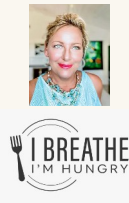
Peace Love and Low Carb



That Low Carb Life



I Breathe I'm Hungry



Natasha's Kitchen



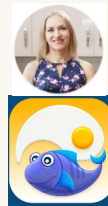
Maria Mind Body Health



Kalyn's Kitchen



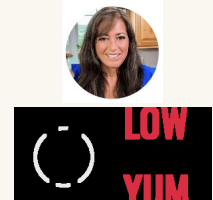
KetoDiet App



Wholesome Yum



Low Carb Yum



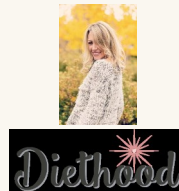
Low Carb Maven



Cafe Delites



Diethood



Little Pine Kitchen

